

# ADDICTION & MENTAL HEALTH DON'T DISCRIMINATE

## BASED ON ETHNICITY

- ✎ Rates of Addiction & Mental Health Disorders (Depression, Overdose, Over Drinking, Drug use) are equal or higher in African-American, Latinx, and Asian-Americans compared to non-Latinx Whites.
- ✎ African-American, Latinx, and Asian-Americans tend to receive and utilize mental health services at significantly lower rates.

## BASED ON SEXUAL ORIENTATION OR GENDER IDENTITY

- ✎ Rates of Addiction and Mental Health Disorders are equal or higher in the LGBTQ+ community.
- ✎ Transgender folks have over four times the risk suffering from Addiction.



## Honoring Marginalized Voices

Our bodies experience and internalize marginalizing experiences. Especially for...

- ☛ People of Color
- ☛ The LGBTQ+
- ☛ All those who are sometimes excluded when we talk about Addiction and Mental Health...

### A SAFE SPACE TO BEGIN HEALING

At Iris Healing we are dedicated to creating a safe space for people of diverse backgrounds and perspectives to have a voice in their treatment. We offer a truly personalized treatment approach - inclusive, person-centered, and collaborative

## Our Commitment

### RESPECTING MARGINALIZED EXPERIENCE BY

- ☛ Exploring the intersection of identities and people's experiences of discrimination.
- ☛ Addressing the issues and trauma underlying Addiction and Mental Health Disorders.
- ☛ Looking beyond the symptoms to help anyone suffering and start the process of healing.



Los Angeles,  
California

(844) 663-4747  
[www.IrisHealing.com](http://www.IrisHealing.com)



Accredited by the  
Joint Commission